



Year 7	Term 1 - Identity	Term 2 - Relationships	Term 3 - Careers Education	Term 4 - Character - Determination and Resilience (Behaviour Curriculum)	Term 5 - PSHE	Term 6 - Health and Wellbeing
	<ol style="list-style-type: none"> Understanding the Cultural and Social Factors that Shape Identity The Relationship between Stereotype and Identity How Labels Can Lead to False Assumption What is Confirmation Bias? The Cost and Benefits of Belonging Responding to Differences 	<ol style="list-style-type: none"> Friendship Anti- bullying Lesson Romance Love and new feelings What are coercive and controlling relationships- (Kayleigh's Love Story) What are Positive Relationships Understanding Peer on Peer Abuse- (how to tell the differences between healthy and unhealthy relationships) Exploited - CEOP video 	<ol style="list-style-type: none"> Who am I? Careers- Stereotype Exploring Career Journey Labour Market Information 30 Day Challenge/ Desert Island Challenge 	<ol style="list-style-type: none"> Introduction to Self-talk Links between Thoughts and Feelings Thoughts that Make You Feel Bad- How to Cope Alternative and Evidence (Our First Thoughts Might Not Always be Correct) Putting It into Perspective 	<ol style="list-style-type: none"> Puberty- What to Expect and Why Does it Happen? Girls Puberty Boys Puberty Periods- Menstrual Cycle and PMS Dealing with Hormones and Emotions 	<ol style="list-style-type: none"> Dealing with Loneliness The Worry Tree Online Stress- FOMO The Benefit of Sleep Unhelpful Thoughts- Revisited



Year 8	Term 1 - Responsibility	Term 2- Understanding Drugs	Term 3 - Careers Ed	Term 4- Character Development - Being A Good Neighbour	Term 5 - British Values	Term 6 - First Aid
	<ol style="list-style-type: none"> 1. When Differences Matter 2. Blending in and Standing Out 3. Defining Our Obligations to Others 4. Standing Up to Hatred on Cable Street 5. Standing Up to Hatred on Cable Street 2 6. Protesting Discrimination in Bristol 	<ol style="list-style-type: none"> 1. Exploring Attitudes 2. 2.Anti-bullying 3. Drugs and The Law 4. Managing Influence 5. Effects of Alcohol 6. Smoking and Vaping 7. The Dangers of Illicit Drugs 	<ol style="list-style-type: none"> 1. Who am I? 2. Work-Life Balance 3. LMI 4. Entrepreneurism 5. Advancing Trends 	<ol style="list-style-type: none"> 1. Who is a Good Neighbour? 2. How can you be a Good Neighbour? 3. What influences me being a Good Neighbour? 4. What Influences Me Being a Good Neighbour? Part 2 5. Bullying and Neighbourliness 	<ol style="list-style-type: none"> 1. 1.Radical Groups 2. 2.How to PREVENT Radicalisation 3. 3.Hate Groups- Who Are They? 4. 4.What are Hate Crimes 5. 5.Right Wing Extremisms 	<ol style="list-style-type: none"> 1. Allergies/ Asthma 2. Basic Life Support 3. Bleeding 4. Choking 5. Head Injuries



Year 9	Term 1 - Your Rights	Term 2 - Civic British Values	Term 3 - Character Values - Tolerance	Term 4 - Careers Ed	Term 5 - RSE Building Positive Relationships	Term 6 - Intro to RSE- Healthy Relationship
	<ol style="list-style-type: none"> 1. Defining Human Rights 2. Universal Rights 3. Protesting Discrimination in Bristol 4. Speaking Up and Speaking Out pt1 5. Speaking Up and Speaking Out pt2 6. Choose to Challenge 	<ol style="list-style-type: none"> 1. Anti-social behaviour 2. Knife Crimes 3. County Lines 4. Acid Attacks 5. Young Offenders 6. Criminal Justice System 7. British Justice System 	<ol style="list-style-type: none"> 1. Religious Prejudice 2. Sexism 3. Racism 4. Tolerance 5. Disability 	<ol style="list-style-type: none"> 1. Balancing Life and Work 2. Research Skills Development 3. Labour Market Information (LMI) 4. Option Support – Uni Frog 5. What is your Dream Job? 	<ol style="list-style-type: none"> 1. Send Me a Pic 1 2. Send Me a Pic 2 3. Send Me a Pic 3 4. Online Blackmail 6. What is Consent 	<ol style="list-style-type: none"> 1. Becky's Story 2. Harry's Story 3. Ann's Story 4. Mikey's Story 5. Dealing with Break ups/ Sexual Bullying



Year 10	Term 1	Term 2 - Relationship (SRE)	Term 3 - SRE Understanding Sexual Relations	Term 4 - Careers Ed	Term 5 - Character- Staying Safe Online Jubilee Centre	Term 6- Civic Responsibility
	<ol style="list-style-type: none"> 1. What are Human Rights 2. Where do Human Rights Come From? 3. Balancing Human Rights 4. Human Rights Abuses 5. Protecting Human Rights 6. The Work of NGOs 	<ol style="list-style-type: none"> 1. Respectful Relationships 2. Identifying Unhealthy Relationship 3. Managing Unwanted Attention 4. Working Out Relationships (1) 5. Working Out Relationships (2) 6. Forming Positive Relationship 7. Break Ups 	<ol style="list-style-type: none"> 1. Cultivating Cyber Wisdom part 1 2. Cultivating Cyber Wisdom part 2 3. Cultivating Cyber Wisdom part 3 4. Cultivating Cyber Wisdom part 4 5. Cultivating Cyber Wisdom part 5 	<ol style="list-style-type: none"> 1. Careers Management Strategies 2. My First CV 3. Interview Skills 4. Employment Rights 5. Work Enterprise and Personal Brand 	<ol style="list-style-type: none"> 1. Different Types of Sex 2. STIs 3. Contraception 4. Pregnancy 5. Period (revisited) 	<ol style="list-style-type: none"> 1. Choosing the Right Role Model 2. Hate Speech 3. Cultural Appropriation 4. Feminism 5. Sexism