



Year 7	Term 1 - Identity	Term 2 - Relationships	Term 3 - Careers Education	Term 4 - Character - Determination and Resilience (Behaviour Curriculum)	Term 5 - PSHE	Term 6 - Health and Wellbeing
	<ol style="list-style-type: none"> <li>Understanding the Cultural and Social Factors that Shape Identity</li> <li>The Relationship between Stereotype and Identity</li> <li>How Labels Can Lead to False Assumption</li> <li>What is Confirmation Bias?</li> <li>The Cost and Benefits of Belonging</li> <li>Responding to Differences</li> </ol>	<ol style="list-style-type: none"> <li>Friendship</li> <li>Anti- bullying Lesson</li> <li>Romance Love and new feelings</li> <li>What are coercive and controlling relationships- (Kayleigh's Love Story)</li> <li>What are Positive Relationships</li> <li>Understanding Peer on Peer Abuse- (how to tell the differences between healthy and unhealthy relationships)</li> <li>Exploited - CEOP video</li> </ol>	<ol style="list-style-type: none"> <li>Who am I?</li> <li>Careers- Stereotype</li> <li>Exploring Career Journey</li> <li>Labour Market Information</li> <li>30 Day Challenge/ Desert Island Challenge</li> </ol>	<ol style="list-style-type: none"> <li>Introduction to Self-talk</li> <li>Links between Thoughts and Feelings</li> <li>Thoughts that Make You Feel Bad- How to Cope</li> <li>Alternative and Evidence (Our First Thoughts Might Not Always be Correct)</li> <li>Putting It into Perspective</li> </ol>	<ol style="list-style-type: none"> <li>Puberty- What to Expect and Why Does it Happen?</li> <li>Girls Puberty</li> <li>Boys Puberty</li> <li>Periods- Menstrual Cycle and PMS</li> <li>Dealing with Hormones and Emotions</li> </ol>	<ol style="list-style-type: none"> <li>Dealing with Loneliness</li> <li>The Worry Tree</li> <li>Online Stress- FOMO</li> <li>The Benefit of Sleep</li> <li>Unhelpful Thoughts- Revisited</li> </ol>



<b>Year 8</b>	<b>Term 1 - Responsibility</b>	<b>Term 2- Understanding Drugs</b>	<b>Term 3 - Careers Ed</b>	<b>Term 4- Character Development - Being A Good Neighbour</b>	<b>Term 5 - British Values</b>	<b>Term 6 - First Aid</b>
	<ol style="list-style-type: none"> <li>1. When Differences Matter</li> <li>2. Blending in and Standing Out</li> <li>3. Defining Our Obligations to Others</li> <li>4. Standing Up to Hatred on Cable Street</li> <li>5. Standing Up to Hatred on Cable Street 2</li> <li>6. Protesting Discrimination in Bristol</li> </ol>	<ol style="list-style-type: none"> <li>1. Exploring Attitudes</li> <li>2. 2.Anti-bullying</li> <li>3. Drugs and The Law</li> <li>4. Managing Influence</li> <li>5. Effects of Alcohol</li> <li>6. Smoking and Vaping</li> <li>7. The Dangers of Illicit Drugs</li> </ol>	<ol style="list-style-type: none"> <li>1. Who am I?</li> <li>2. Work-Life Balance</li> <li>3. LMI</li> <li>4. Entrepreneurism</li> <li>5. Advancing Trends</li> </ol>	<ol style="list-style-type: none"> <li>1. Who is a Good Neighbour?</li> <li>2. How can you be a Good Neighbour?</li> <li>3. What influences me being a Good Neighbour?</li> <li>4. What Influences Me Being a Good Neighbour? Part 2</li> <li>5. Bullying and Neighbourliness</li> </ol>	<ol style="list-style-type: none"> <li>1. 1.Radical Groups</li> <li>2. 2.How to PREVENT Radicalisation</li> <li>3. 3.Hate Groups- Who Are They?</li> <li>4. 4.What are Hate Crimes</li> <li>5. 5.Right Wing Extremisms</li> </ol>	<ol style="list-style-type: none"> <li>1. Allergies/ Asthma</li> <li>2. Basic Life Support</li> <li>3. Bleeding</li> <li>4. Choking</li> <li>5. Head Injuries</li> </ol>



<b>Year 9</b>	<b>Term 1 - Your Rights</b>	<b>Term 2 - Civic British Values</b>	<b>Term 3 - Character Values - Tolerance</b>	<b>Term 4 - Careers Ed</b>	<b>Term 5 - RSE Building Positive Relationships</b>	<b>Term 6 - Intro to RSE- Healthy Relationship</b>
	<ol style="list-style-type: none"> <li>1. Defining Human Rights</li> <li>2. Universal Rights</li> <li>3. Protesting Discrimination in Bristol</li> <li>4. Speaking Up and Speaking Out pt1</li> <li>5. Speaking Up and Speaking Out pt2</li> <li>6. Choose to Challenge</li> </ol>	<ol style="list-style-type: none"> <li>1. Anti-social behaviour</li> <li>2. Knife Crimes</li> <li>3. County Lines</li> <li>4. Acid Attacks</li> <li>5. Young Offenders</li> <li>6. Criminal Justice System</li> <li>7. British Justice System</li> </ol>	<ol style="list-style-type: none"> <li>1. Religious Prejudice</li> <li>2. Sexism</li> <li>3. Racism</li> <li>4. Tolerance</li> <li>5. Disability</li> </ol>	<ol style="list-style-type: none"> <li>1. Balancing Life and Work</li> <li>2. Research Skills Development</li> <li>3. Labour Market Information (LMI)</li> <li>4. Option Support – Uni Frog</li> <li>5. What is your Dream Job?</li> </ol>	<ol style="list-style-type: none"> <li>1. Send Me a Pic 1</li> <li>2. Send Me a Pic 2</li> <li>3. Send Me a Pic 3</li> <li>4. Online Blackmail</li> <li>6. What is Consent</li> </ol>	<ol style="list-style-type: none"> <li>1. Becky's Story</li> <li>2. Harry's Story</li> <li>3. Ann's Story</li> <li>4. Mikey's Story</li> <li>5. Dealing with Break ups/ Sexual Bullying</li> </ol>



Year 10	Term 1	Term 2 - Relationship (SRE)	Term 3 - Character- Staying Safe Online Jubilee Centre	Term 4 - Careers Ed	Term 5 - SRE Understanding Sexual Relations	Term 6 - Civic Responsibility
	<ol style="list-style-type: none"> <li>1. What are Human Rights</li> <li>2. Where do Human Rights Come From?</li> <li>3. Balancing Human Rights</li> <li>4. Human Rights Abuses</li> <li>5. Protecting Human Rights</li> <li>6. The Work of NGOs</li> </ol>	<ol style="list-style-type: none"> <li>1. Respectful Relationships</li> <li>2. Identifying Unhealthy Relationship</li> <li>3. Managing Unwanted Attention</li> <li>4. Working Out Relationships (1)</li> <li>5. Working Out Relationships (2)</li> <li>6. Forming Positive Relationship</li> <li>7. Break Ups</li> </ol>	<ol style="list-style-type: none"> <li>1. Cultivating Cyber Wisdom part 1</li> <li>2. Cultivating Cyber Wisdom part 2</li> <li>3. Cultivating Cyber Wisdom part 3</li> <li>4. Cultivating Cyber Wisdom part 4</li> <li>5. Cultivating Cyber Wisdom part 5</li> </ol>	<ol style="list-style-type: none"> <li>1. Careers Management Strategies</li> <li>2. My First CV</li> <li>3. Interview Skills</li> <li>4. Employment Rights</li> <li>5. Work Enterprise and Personal Brand</li> </ol>	<ol style="list-style-type: none"> <li>1. Different Types of Sex</li> <li>2. STIs</li> <li>3. Contraception</li> <li>4. Pregnancy</li> <li>5. Period (revisited)</li> </ol>	<ol style="list-style-type: none"> <li>1. Choosing the Right Role Model</li> <li>2. Hate Speech</li> <li>3. Cultural Appropriation</li> <li>4. Feminism</li> <li>5. Sexism</li> </ol>