

DCYPHR

The DNA, Children +
Young People's Health Resource

Calling all hero families!

Thousands across the UK are supporting our movement for children's health research.

Any family with children aged 0 - 15 can help from home with:

- a questionnaire
- a spit sample



JOIN ONLINE:
bioresource.nihr.ac.uk/dcyphr

In partnership with

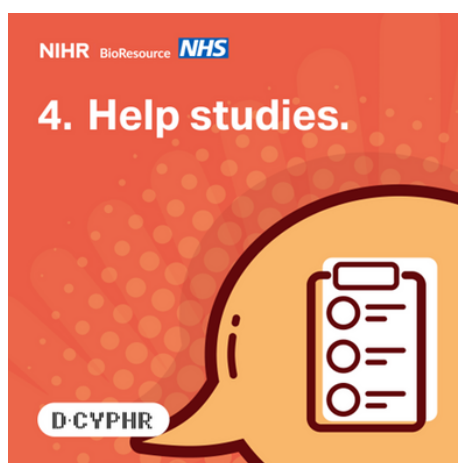


You can make a difference!



Young Ambassador, Emily:
"The best thing about D-CYPHR is how it helps both current families and future generations. Millions of people around the world will be supported by the research."

How it works:



For more information and full details of the programme, see our website.

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[bioresource.nihr.ac.uk](https://bioresource.nihr.ac.uk/dcyphr)
[/dcyphr](https://bioresource.nihr.ac.uk/dcyphr)



What are we looking at?

- diabetes
- mental ill-health
- heart disease
- rare diseases
- immune conditions
- nutrition
- and many more

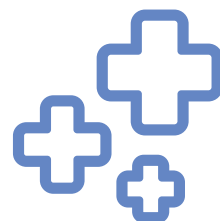
Most diseases start in childhood, but most health research is carried out in adults.

We are supporting health research for ages 0 – 15.

You could make an amazing difference for children and the adults they will become.

How are we doing it?

- Parents / Guardians join online and give permission to take part (consent)
- Young people that are able are asked for their agreement - this is called assent
- Guardian and child complete a short health and lifestyle questionnaire together
- Children donate a saliva (spit) sample in a tube sent in the post



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The sample

The sample has personal details removed and goes by a unique code instead.

By studying thousands of DNA samples together with health information, scientists can begin to see the big picture of our health.

Your child's sample will be used for research purposes only.

By joining with thousands of others, your family can help pioneer new treatments and care.

[For more information read our FAQ.](#)



Safeguarding is very important to us

This public funded children's programme is regulated by the NHS Health Research Authority. Information and samples are kept securely and safely.

You can withdraw at any time.

Parents, guardians and older teens



Age 16+ family members can join the National Institute for Health and Care Research (NIHR) BioResource for adults.

This has over a quarter of a million adult volunteers.

It is open to people with and without health conditions. It supports research for common and rare diseases.

Find out more online at NIHR BioResource.

<https://bioresource.nihr.ac.uk/>

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Thank you!

For taking the time to
read this leaflet.

And to all the hero
families and schools who
helped create this
programme.

NIHR | BioResource



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